Ashford Business Services Ltd

First aid log

A running record of every treatment given - required wherever first aiders operate.

Location	First aid point
Responsible first aider	Sarah Mitchell
Kit last checked	9 November 2026

Treatments

Date / time	Casualty	Injury / illness	Treatment given	First aider
9 November 2026	Sarah Mitchell	Describe as agreed at the meeting.	Describe as agreed at the meeting.	Sarah Mitchell

Kit checks

Date	Checked by	Items replaced	Kit in date
9 November 2026	Sarah Mitchell	Items	Yes
9 November 2026	Sarah Mitchell	Items	Yes

Sign-off

First aider	Manager	Date